





november 30th. 2023

"It's not how you start that's important, but how you finish!" -Jim George

As we approach the end of the semester we hope all is well and everyone remains focused and makes the most of the upcoming weeks.

We would like to take this last opportunity of the semester with excitement and appreciation to thank each and everyone who has attended our meetings and events; you have played a pivotal role in creating an atmosphere of collaboration, learning, and excellence within the SDA.





Join us for our last meeting of the semester on December 5th, 2023

Location: FA 141 (the kitchen)

Time: 3:15- 4:15 pm

We will have a cookie decorating party only for official members (who had paid their membership fees)

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\*You can still pay your membership fees at the begining of our last meeting New Members \$20 Returning Members \$15

To provide enough supplies for all member please RSVP by filling out the following form









## Fall Semester Highlights



## **Eagle Fest**

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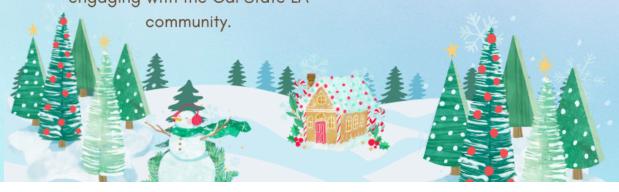
The Student Dietetic Association participated in this semester's Golden Eagle Fest. During this event, we were able to experience the pleasure of interacting with future Cal State LA students and share our nutrition experiences and opportunities.

## **Well Being U Event**

The Student Dietetic Association partnered with Well-Being U for an Eating for Wellness event. It featured healthy eating tips, cultural diversity in diets, and mindful eating.

Attendees enjoyed food demos and samples. SDA board members appreciated this collaboration and engaging with the Cal State LA





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The SDA is currently recruiting members for the Spring 2024 semester for the following positions:

- Treasurer
- Events Implementor

If you are interested in any of this positions please fill out the form below



## **BOARD MEMBER APPLICATION!**

https://forms.gle/En9C1pr5Ji3mPu4a9



